



[Printable Grocery List]

Fruit

- Apples
- Bananas
- Berries
- Grapes
- Oranges
- Pears
- _____
- _____

Vegetables

- Carrots
- Mushrooms
- Onions
- Peppers
- Potatoes
- Salad Greens
- Tomatoes
- _____
- _____

Deli

- Cheese
- Cold Cuts
- _____
- _____

Meat/Fish

- Bacon
- Beef
- Chicken
- Fish
- Pork
- Sausage
- Turkey
- _____
- _____

Pasta/Rice

- Pasta
- Rice
- _____
- _____

Dairy

- Butter
- Cheese
- Milk
- Yogurt
- _____
- _____

Breads/Baking

- Bread
- Flour
- Sugar
- _____
- _____

Cereal

- Cereal
- Oatmeal
- _____
- _____

Oils/Spices/Condiments

- Ketchup
- Mustard
- Oil
- Pepper
- Salad Dressing
- Salt
- Vinegar
- _____
- _____

Snacks

- Candy
- Chips
- Cookies
- Crackers
- Granola Bars
- Nuts
- Popcorn
- _____
- _____

Canned Goods

- Beans
- Fruit
- Soup
- Vegetables
- _____
- _____

Beverages

- Coffee
- Juice
- Soda
- Tea
- Water
- _____
- _____

Frozen Food

- Ice cream
- Meals
- Pizza
- Vegetables
- _____
- _____

Toiletries

- Shampoo/Conditioner
- Soap
- Toilet Paper
- Toothbrush
- Toothpaste
- _____
- _____

Household

- Cleaner
- Detergent
- Paper Towels
- Trash Bags
- _____
- _____